

# ASSIST INDIANA

AUGUST NEWSLETTER 2021



*Bringing the community back together*

## COMMUNITY SHOUTOUT

Thank you to Rob Henderson for dropping off a very generous donation on behalf of Wonder 50!

Wonder 50 has donated to so many local businesses, and we are so incredibly lucky to be chosen as one of them. We are able to continue our work thanks to our amazing community.



## OUR IMPACT

We average 30 appointments per week. Due to our services being specialized, and yet free, we save Johnson County approximately \$12,000 a month in mental health expenses.

# SPOTLIGHT

INTERN HAILEY RUSHING IS SAYING HER GOODBYES TO ASSIST

During my time at ASSIST I was able to help in many different areas. My main focus during this time was working with children in individual therapy as well as play therapy. I am completing my masters degree in Social Work through Indiana Wesleyan University. I have been able to learn so much from everyone here at ASSIST on how to advocate for and help individuals in our community. I greatly appreciated this opportunity to help serve the children and families in our community. Thank you ASSIST for the wonderful knowledge and skills you have taught me during my internship.



## SAVE THESE DATES!

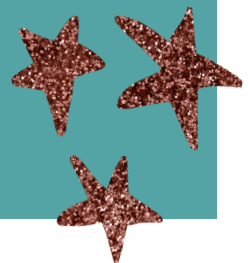
### Drive-in to Donate at Canary Creek

- August 21st
- Movie playing: Pawpatrol
- We'll be handing out "I Believe" buttons and rack cards
- Giveaways will be going on throughout the night for ASSIST T-shirts
- We will be collecting donations via Cash or Credit Card. You can donate at the concession stands, our table in the lobby, or in the parking lot outside the ticket stand



### Dancing with the Johnson County Stars

- Friday, August 27th
- Adults \$10 and kids (12 and under) \$5
- Saturday, August 28th
- Adults \$30 and kids (12 and under) \$10
- Saturday show includes a complimentary beer/wine/soda and popcorn
- Both nights start at 7 pm
- Location: 2021 at the Artcraft Theatre
- 57 North Main Street, Franklin



To purchase tickets, contact [bill@assistindiana.org](mailto:bill@assistindiana.org)

# 1st Annual Kickball Tournament

- October 23rd
- All day tournament
- Scott Park in Franklin



To register go to  
[https://secure.getmeregistered.com/get\\_information.php?event\\_id=136067](https://secure.getmeregistered.com/get_information.php?event_id=136067)

## GROUPS WE OFFER

To learn more information visit:  
<https://assistindiana.org/support-groups/>



**Trust Yo Self-** A skills group for adults to increase self-image

**Roller Coaster Emotions "No More"**- A skills group for adolescents to improve emotion regulation

**Dialectal Behavior Therapy-** A support group for women who have been through trauma and would like to regulate their emotions  
 -We also have Adolescents Dialectal Therapy

**Moving Forward For Children-** A group for children 5 and up who have experienced violence

**Creative Spaces: Art Group-** Works on expressing emotions through art

"Amazing people doing amazing things for the people in our community"-Toni McClara

